



# Happiness Effect - Timeless Practical Thoughts for Feeling Good

*Nicole May*

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## **Happiness Effect - Timeless Practical Thoughts for Feeling Good** Nicole May

Do you want to have a positive feeling every moment despite the increasing of workloads, stress, and negativity events occurring around you?

Happiness Effect will reveal on how you can take a series of timeless practical thoughts to attain and maintain the state of happiness mind that almost everyone aspires on any situation. The journey to happiness has numerous routes, some being more direct than others. Unlike other books, show you the short cut, as you will learn and experience timeless practical thoughts for feeling good.

In this book, you will discover:

- Simple and practical thoughts to create the constant state of mind to achieve happiness
- Increase the levels of happiness for all who interact with you
- Words of wisdom from those who have attained lasting happiness
- And much, much more!!!

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