



# Breaking Out of the Box: Adventure-Based Field Instruction

*Kelly Ward, Robin Sakina Mama*

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Breaking Out of the Box: Adventure-Based Field Instruction offers the unique opportunity for professors to use experiential, or adventure-based, learning activities to help students develop skills that are often overlooked in traditional reading and journal writing based field courses. Integrating these experiential activities as educational tools also emphasizes the importance and potential of methods of alternative learning. By asking students to participate in activities that may challenge their comfort zones, instructors create a situation in which higher risk can lead to greater trust between group members.

Strengths of this edition: New! Content addressing human rights and social justice integrated throughout the text; New! Guidelines for talking to and writing about clients; New! Home visit checklist; Updated! Instructor s manual that includes numerous adventure-based activities to engage students with different learning styles; Real case examples illustrating how social work practice affects clients; Discusses ethical demands utilizing the Canadian Association of Social Workers (CASW) and the NASW Codes of Ethics; Perforated, removable pages for ease of use; Included journal pages for written reflection.

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