



The Spiritual Art of Being Organized

Claire Josefine

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Organizing as a spiritual art?

Yes. After all, being organized is a spiritual process. Chaos is conquered as much by awareness, gratitude, grounding, and breath as by a well-labeled filing system. Simplicity and order are valid -- even crucial -choices. And they are found within.

Organizing can also be creative and fun. Peppered with poetry, snippets of song lyrics, inspirational quotes, and wisdom from the ages, The Spiritual Art of Being Organized is a unique and enjoyable book on organizing. While most organizing authors tell you how to organize your kitchen or your files, Claire teaches you the 12 Basic Principles -- practical and spiritual -- that embody every organizing tip you've ever heard. By learning the "why" instead of just the "how," you can easily organize anything, anytime, anywhere.



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