



The Art of Mindful Facilitation

Lee Mun Wah

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The Art of Mindful Facilitation was written by Lee Mun Wah to share his experiences and expertise with students, other diversity trainers and anyone wishing to deepen their knowledge of race and group dynamics. The book describes his twenty years as a master diversity trainer and facilitator. He shares a variety of diversity experiences that actually occurred in his workshops, as well as his thoughts and the interventions he used to facilitate the variety of issues that surfaced. Also, for the first time, he shares all 13 of the diversity exercises that he has used in his seminars to stimulate authentic dialogues on race, gender and sexism issues. Also included are training objectives and mindful facilitation techniques, 24 training vignettes, as well as conveniently placed notes pages throughout the book.

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