



# Why Dads Leave: Insights and Resources for When Partners Become Parents

*Meryn G Callander*

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*At last someone has come up with the courage to tackle one of the most insidious epidemics in modern life. When men leave their families, physically or emotionally, society feels the destructive ripples for generations to come. Callander and Travis do not claim to have all the answers to this complex problem but they begin a dialogue and offer unique insights that must be heard. We have swept this one under the carpet too long.*

—Dean Edell, MD, *Life, Liberty, and the Pursuit of Healthiness*

When John W. Travis, MD, lauded as one of the founding fathers of the wellness movement, became a parent, he was shocked to discover how unprepared he was for coping with the emotional challenges of parenthood. Now, his wife and colleague, Meryn Callander, shares the story of their confident plunge into parenthood and the subsequent unraveling of that confidence, as they discovered themselves floundering, exhausted, and struggling to deal with the challenges confronting them.

*Why Dads Leave* reveals the cultural and generational forces that are colluding to create an unacknowledged epidemic of disappearing dads—fathers leaving their families, physically or emotionally, soon after the birth of a child. Nearly twenty years in the making, this book provides insights and practical ways of preventing and healing the insidious and devastating impact of this dynamic.

Beautifully written, compassionate, and unflinchingly honest, *Why Dads Leave* offers understanding and hope for men—and the women who love them.

*Why Men Leave speaks to the heart of what it means to nurture society and community at its most basic roots—mothers and fathers. A very important book.*

—Christiane Northrup, MD, author of *Women's Bodies, Women's Wisdom*

*Most songs are about getting your man. This book is about keeping your man—especially after a child comes along.*

—Naomi Judd, Emmy Award-winning singer/songwriter and author of *Naomi's Breakthrough Guide: 20 Choices to Transform Your Life*

*An amazing book on a truly important topic.*

—John Robbins, author of *The Food Revolution*

*To say that this book could change human history is not an overstatement. In fact, were it heeded, this book could change our species itself—and definitely for the better.*

—Joseph Chilton Pearce, author of *Magical Child* and *Crack in the Cosmic Egg*

*A book few, if any of us men, ... can afford to miss. I am one of those written about, so I know what my journey has cost me, as well as given to me, and what it has cost the family I left.*

—Fred Alan Wolf, PhD, author of *Taking the Quantum Leap* and featured in *What the Bleep Do We Know?*

*Fathers are more than sperm donors. Father-absence is a huge waste of human energy, caring, and love.*

*Evidence suggests that the more love kids receive, the more likely they are to grow up bigger, stronger, and*

*smarter. It's time we faced the inconvenient truth that fathers are a crucial part of the parenting equation, as Callander so compellingly shows.*

—Larry Dossey, MD, author of *Healing Words*

*In my forty years as a marriage and family therapist, and working with over 2500 student, my experience resonates with this work. It offers hope and a possibility for sustaining healthy families. The pursuit of wellness begins with the conception of a child, lasts a lifetime, and thrives in a supportive community.*

—Elaine Sullivan, Board of Directors, National Wellness Institute

*Meryn and Jack have shared their journey in order to make our futures better. They not only lived through this common challenge, but named it, investigated it, and learned from it. This book will forever change families who embrace this knowledge.*

—Barbara A. Hotelling, past president, Lamaze International and Doulas of North America

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#### **Jon Cerrone:**

Reading can called imagination hangout, why? Because while you are reading a book specially book entitled Why Dads Leave: Insights and Resources for When Partners Become Parents your brain will drift away trough every dimension, wandering in every aspect that maybe not known for but surely can be your mind friends. Imaging every single word written in a reserve then become one web form conclusion and explanation in which maybe you never get ahead of. The Why Dads Leave: Insights and Resources for When Partners Become Parents giving you yet another experience more than blown away your thoughts but also giving you useful information for your better life on this era. So now let us explain to you the relaxing pattern is your body and mind are going to be pleased when you are finished reading through it, like winning a game. Do you want to try this extraordinary spending spare time activity?

#### **Marcus Laws:**

This Why Dads Leave: Insights and Resources for When Partners Become Parents is great publication for you because the content which is full of information for you who have always deal with world and still have to make decision every minute. This particular book reveal it data accurately using great organize word or we can say no rambling sentences inside it. So if you are read the idea hurriedly you can have whole info in it. Doesn't mean it only offers you straight forward sentences but tough core information with attractive delivering sentences. Having Why Dads Leave: Insights and Resources for When Partners Become Parents in your hand like obtaining the world in your arm, data in it is not ridiculous just one. We can say that no publication that offer you world within ten or fifteen small right but this publication already do that. So , this really is good reading book. Hi Mr. and Mrs. occupied do you still doubt which?

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