



Gross Motor Skills for Children With Down Syndrome: A Guide for Parents and Professionals (Topics in Down Syndrome)

Patricia C. Winders

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This thoroughly updated second edition is a cornerstone of Woodbine House's Down syndrome collection and an essential resource for thousands of parents and professionals.

In parent-friendly language, the author explains the many physiological reasons that children with Down syndrome experience delays in their gross motor development and presents a physical therapy treatment plan from birth to age 6. Over 400 photos accompany step-by-step instructions to help readers assess a child's gross motor readiness and teach skills for head control, sitting, crawling, standing, walking, using stairs, running, kicking, jumping, and riding a tricycle.

This second edition features additional activities, many new photos, info on transitioning from trikes to bikes, tips to address problems such as flat feet, and tendencies to watch for that can thwart development. Use this comprehensive and encouraging resource to get started working on your child's gross motor development and to supplement physical therapy.

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