



# **Slow Cooker: 365 Days of Slow Cooking Recipes (Slow Cooker, Slow Cooker Cookbook, Slow Cooker Recipes, Slow Cooking, Slow Cooker Meals, Slow Cooker Desserts, Slow Cooker Chicken Recipes)**

*Emma Katie*

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*365 Days of Slow Cooking Recipes* Healthy eating is about feeling great, having more energy, stabilizing your mood, and keeping yourself as healthy as possible. These things can be achieved by learning some nutrition basics and using them in a way that works for you.

In *Slow Cooking 365 Healthy Recipes*, the author provides just that: 365 healthy recipes for people who are searching for a healthier life. Slow cooking offers several advantages:

- Extended cooking times
- Better circulation of flavors
- Economical. You can use cheaper cuts of meat. Tough meats, such as chuck roasts or steaks and stew beef, are softened through the long cooking procedure. Cooking in one pot in a small appliance even for long periods of time is significantly cheaper than turning on your oven.
- Safety: Your *slow cooker* can be left safely unattended throughout your work day.
- Convenience: Just pop ingredients in before going to work. Come home to a prepared meal...
- Efficient. Saves time. The meal prepares itself while you're at work. Come home to easy clean up! With slow cooker meals there are also leftovers for the next night. This saves more time and money!
- Good for dieting.
- Nourishing. By slow cooking you avoid high temperatures which break down food supplements—vitamins, and minerals—and create unhealthy chemical compounds
- Saves freshness and pleasantly flavors.

In addition to mouthwatering recipes like:

Sausage, Apple, and Sage Raisin Bread Strata breakfast entrée

Alpine Chicken lunch dish

South-Of-The-Border Lasagna entrée

Tarragon-Mustard Turkey with Fettuccine

Chocolate Chip Peanut Butter Cake luscious dessert.

the author offers valuable tips for cooking with a crock pot like:

- Full-fat dairy items are better for crock pot cooking.
- Dried lentils and split peas: Do not require pre-soaking. Add to the recipe at the start of cooking time.
- Cut high-moisture vegetables into bigger pieces or include during the last thirty minutes of cooking time.
- Include crisp herbs at the end for ideal flavor.

Get your copy today and enjoy 365 days of delicious, healthy and mouth watering *slow-cooker recipes*.

- SPECIAL BONUS (Limited-Time Offer) •

You can download eBook "Holiday Recipes Collection: Thanksgiving Slow Cooker Recipes" For FREE on the last page of the book (100% Safe and Secure - No Info Required)

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**David Mandujano:**

The book Slow Cooker: 365 Days of Slow Cooking Recipes (Slow Cooker, Slow Cooker Cookbook, Slow Cooker Recipes, Slow Cooking, Slow Cooker Meals, Slow Cooker Desserts, Slow Cooker Chicken Recipes) can give more knowledge and also the precise product information about everything you want. So why must we leave the great thing like a book Slow Cooker: 365 Days of Slow Cooking Recipes (Slow Cooker, Slow Cooker Cookbook, Slow Cooker Recipes, Slow Cooking, Slow Cooker Meals, Slow Cooker Desserts, Slow Cooker Chicken Recipes)? A number of you have a different opinion about publication. But one aim that book can give many facts for us. It is absolutely proper. Right now, try to closer together with your book. Knowledge or facts that you take for that, you can give for each other; you may share all of these. Book Slow Cooker: 365 Days of Slow Cooking Recipes (Slow Cooker, Slow Cooker Cookbook, Slow Cooker Recipes, Slow Cooking, Slow Cooker Meals, Slow Cooker Desserts, Slow Cooker Chicken Recipes) has simple shape but the truth is know: it has great and large function for you. You can appear the enormous world by available and read a guide. So it is very wonderful.

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In this era globalization it is important to someone to receive information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information better to share. You can find a lot of recommendations to get information example: internet, classifieds, book, and soon. You can observe that now, a lot of publisher in which print many kinds of book. Often the book that recommended for your requirements is Slow Cooker: 365 Days of Slow Cooking Recipes (Slow Cooker, Slow Cooker Cookbook, Slow Cooker Recipes, Slow Cooking, Slow Cooker Meals, Slow Cooker Desserts, Slow Cooker Chicken Recipes) this guide consist a lot of the information on the condition of this world now. This kind of book was represented just how can the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. The writer made some investigation when he makes this book. That's why this book suitable all of you.

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