



What Your Explosive Child Is Trying to Tell You: Discovering the Pathway from Symptoms to Solutions

Douglas A. Riley

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From the author of *The Defiant Child* comes the first book to connect explosive behavior—when kids go from Jekyll to Hyde and back in the blink of an eye—with its underlying causes

Does your hitting, kicking, screaming child explode with so little provocation that you can't help but wonder if he's possessed? Are his extreme tantrums becoming the stuff of playground legend? And are you about to lose your job because his daycare or school repeatedly asks you to pick him up early?

Dr. Douglas Riley's ear-to-the-ground insights will give much-needed help to desperate parents who have one overriding question: Why does my child act like this? This compassionate yet no-nonsense therapist explains that explosive behavior is the mere tip of the iceberg. Instead of using a one-size-fits-all strategy, Dr. Riley identifies the eleven most common causes of explosions and accordingly tailors his treatment strategies to address the underlying cause of the behavior.

What Your Explosive Child Is Trying to Tell You is a lifeline for parents who are at their wits' end.

DR. DOUGLAS RILEY is a clinical psychologist whose practice focuses on children and adolescents who are explosive, oppositional, depressed, or have difficulties with concentration and learning. He is the author of *The Defiant Child: A Parent's Guide to Oppositional Defiant Disorder* as well as *The Depressed Child: A Parent's Guide for Rescuing Kids*.

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Ellen Omalley:

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William Looney:

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