



# Principles of Pharmacology for Athletic Trainers

*Joel Houglum PhD, Gary Harrelson EdD ATC*

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*Principles of Pharmacology for Athletic Trainers, Second Edition* has expanded the comprehensive and unique aspect of pharmacology presented in the best-selling first edition by introducing new information on:

- Drug and treatment strategies.
- Aspects of Type 1 and Type 2 diabetes, including treatment strategies, the disease process, diagnosis & monitoring of diabetes, and issues that are important for the athletic trainer.
- The foundational concepts and pharmacological treatment of schizophrenia, depression, bipolar disorder, various anxiety disorders, and attention deficit-hyperactivity disorder.
- Discussion of herbal supplements, federal regulations, and safety & quality issues related to herbal supplements.

Dr. Joel Houglum and Dr. Gary Harrelson have updated *Principles of Pharmacology for Athletic Trainers, Second Edition* to be more user-friendly by incorporating revised information on pharmacokinetic and pharmacodynamic principles, making it even easier for students to understand, while still providing the depth of information desired by faculty.

## **Features of the *Second Edition*:**

- Educational prompts are provided in each chapter in the form of an advanced chapter organizer.
- Shadow boxes throughout to remind students of previously discussed topics.
- Summaries at the end of each section to reinforce learning.
- A section in each chapter on the role of the athletic trainer regarding the disease process and drug therapy.
- New ancillary materials specifically for faculty that include PowerPoint slides and test bank questions.

*Principles of Pharmacology for Athletic Trainers, Second Edition* will be the go-to resource to determine the best pharmacological treatment strategy and management by athletic trainers.

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