



# Love Letters from the Edge: Meditations for Those Struggling with Brokenness, Trauma, and the Pain of Life

*Shelly Beach, Wanda Sanchez*

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**Meditations offering practical hope through biblical expressions of lament and God's relentless, unconditional love for the hurting**

Millions of women in the United States battle with after-effects of suffering so great they've developed post-traumatic stress disorder—the same suffering experienced by soldiers who've gone through war. Sexual and physical abuse, catastrophic accidents, abandonment, natural disasters, invasive medical procedures, and many other painful and overwhelming events can trigger symptoms they are little equipped to deal with and hard-pressed to recognize.

*Love Letters from the Edge* provides a voice for those struggling to express this pain and reveals intimate encouragement for those in desperate need to hear God's words of love and deliverance. This heartfelt devotional focuses on the profound laments in the book of Psalms. Each meditation begins with a letter from someone in the throes of despair and then offers a tender response to their pain from God's perspective.

Fresh, honest, and intimate, *Love Letters from the Edge* will reach readers who never expected to hear good news from where they are and point them toward the hope and healing of Christ.

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