



24 Low Carb Recipes: Fast and Tasty Low Carb Slow Cooker Recipes (Low Carb, Low Carb Diet, Low Carb Recipes)

Julia Jackson

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Do you want to learn how to cook healthy?

This book will guide you towards healthy, low carb lifestyle. All our low carb recipes are cooked in a slow cooker.

The beauty about slow cooking, is that most of the ingredients are simply thrown in the pot. There are some that need a little preparation, such as, chopping of vegetables, but slow cooking is a convenient way of providing a tasty dish with very little effort.

Whether your preference is vegetarian, white or red meat, or even fish, then you should find a recipe in this book, that is just right for you.

Enjoy these treats for a Starter, on to the main course, and right through to a delectable dessert.

The recipes in this book provide tasty low carb meals. There should be something here to suit everyone's taste buds.

This is truly an economical, and easy way to cook a plate of tasty food.

Here is what you will know how to cook after reading this book:

- Starters
- Vegetarian
- Chicken and Pork
- Beef and Lamb
- Fish
- Desserts

Getting Your FREE Bonus

Download this book, read it to the end and see "**BONUS: Your FREE Gift**" chapter after the conclusion.

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