



# Get Naked In The Kitchen: Healthy Recipes That Are Proud To Bare It All

*Briana Santoro*

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# Get Naked In The Kitchen: Healthy Recipes That Are Proud To Bare It All

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## **Get Naked In The Kitchen: Healthy Recipes That Are Proud To Bare It All** Briana Santoro

This cookbook will transform your relationship with food. Radical idea for a cookbook? Maybe. A cookbook whose time has come? Definitely! This is not your average cookbook. Here's why: The Author, Briana Santoro, has pulled together the best experts in the industry to share their passion for food. By all coming together in one cookbook we show people that there isn't one right way of eating and that choosing what to eat doesn't need to be complicated. We inspire you to listen to your inner expert to find the way of eating that works for you! We are all individuals. When we eliminate the judgment, the confusion, and the pressure, we create space to have a relationship with food that is powerful and vivacious! Doesn't that sound amazing? This book gives you the space and tools to create that relationship. [www.TheNakedLabel.com](http://www.TheNakedLabel.com)

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