



Living When a Loved One Has Died: Revised Edition

Earl A. Grollman

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When someone you love dies, Earl Grollman writes, "there is no way to predict how you will feel. The reactions of grief are not like recipes, with given ingredients, and certain results. . . . Grief is universal. At the same time it is extremely personal. Heal in your own way."

If you are grieving, Living When a Loved One Has Died can help. This gentle, reassuring book explains the bewildering feelings that arise after a loved one's death and helps you honestly confront your loss. While the journey through grief is neither straightforward nor simple, Living When a Loved One Has Died will be an invaluable companion as you sort through your feelings, take steps toward healing, and begin to build a new life.



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