



# **Use Your Own Eyes, Normal Sight Without Glasses and Strengthening The Eyes: A New Course in Scientific Eye Training in 28 Lessons- Natural Eyesight**

*William B. MacCracken M. D, Bernarr A. MacFadden, William H. Bates, Clark Night*

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Dr. MacCracken, a Medical Doctor, trained in Natural Eyesight Improvement by Ophthalmologist William H. Bates. Dr. MacCracken cured his patients of unclear vision and other abnormal eye conditions with the Bates Method.

This Kindle book contains MacCracken's two books and Bernarr MacFadden's book: Strengthening The Eyes - A System of Scientific Eye Training and Treatments from Ophthalmologist William H. Bates Better Eyesight Magazine.

Additional Modern Natural Eyesight Improvement Treatments by Clark Night, Natural Eyesight Improvement Teacher.

20 PDF E-Books contain;

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+Natural Eyesight Improvement Training in color, all pictures, treatments, links on the website and additional pictures, training, activities added to the book. Less reading: Easy to learn steps & read the directions printed on the pictures for fast vision improvement.

+Better Eyesight Magazine by Ophthalmologist William H. Bates (Unedited, full set: 132 Magazines-July, 1919 to June, 1930.) Illustrated with 500 pictures and additional, up to date Modern Training.

+Better Eyesight Magazine by Ophthalmologist William H. Bates Photo copy of all Original Antique Magazine Pages (Unedited, full set: 132 Magazines - July, 1919 to June, 1930.)

Learn Natural Eyesight Improvement Treatments directly from the Original Eye Doctor!

+The Cure of Imperfect Sight by Treatment Without Glasses by Dr. Bates (photo copy of the Original book pages) with Pictures

+Medical Articles by Dr. Bates – with Pictures

+Stories From The Clinic by Emily C. Lierman/Bates

+Use Your Own Eyes by Dr. William B. MacCracken

+Normal Sight Without Glasses by Dr. William B. MacCracken

+Strengthening The eyes by Bernarr MacFadden – with Pictures

+ 100 YouTube videos; <https://www.youtube.com/user/ClarkClydeNight/videos?flow=grid&view=0>

+EFT Training Booklet

+Seeing, Reading Fine Print Clear Booklet - with Videos.

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Dr. Bates discovered the natural principles, true function of the eyes and applied relaxation, natural methods

to return the eyes, eye muscles, brain, body (entire visual system) to normal function with healthy eyes and clear vision. The Bates Method of Natural Eyesight Improvement. Dr. Bates Better Eyesight Magazine stories, articles describe how Dr. Bates, Emily Lierman Bates, other Doctors, School Teachers, Bates Method Students/Teachers, Children & Parents used Natural Treatments to remove, correct, prevent many different eye problems without use of eyeglasses, surgery, drugs. The natural treatments they applied removed/prevented; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, wandering/crossed eyes and other conditions. Hundreds of Natural Treatments are listed. The magazines contain 'True Life Stories' of the doctors, assistants, patients, treatments.

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