

The Art of Sex Coaching: Expanding Your Practice (Norton Professional Books)

Patti Britton

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This is the essential resource for professionals seeking sex-positive approaches for their clients.

Britton shows therapists and counselors how to move their practices fully into sex coaching or simply integrate sex coaching techniques for encouraging sexual self-understanding, growth, and pleasure into their existing therapeutic work. Based in the empirical science of sexology and adapted for practitioners looking to enrich their work and enlarge their client base, The Art of Sex Coaching covers what professionals need to know in order to participate in this exciting new field of coaching.



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