

Easy Crosswords For Seniors For Dummies

Timothy E. Parker



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Easy Crosswords For Seniors For Dummies Timothy E. Parker **An easy-to-do puzzle-packed guide tailored to the interests of the older generation**

Are you over the age of 55? Looking for some great crossword puzzles? Better yet, how about a collection of crosswords that is tailored to your interests? Look no further. This compilation of challenging and entertaining crossword puzzles is perfect for you if you want to challenge your brain, preserve mental fitness-or are just looking for some fun! It's a known fact that keeping the mind active and healthy can reduce the risk of such conditions as dementia; plus, puzzles have been proven to strengthen memory and mind function.

- Features 150 brand-new, easy crossword puzzles created with your interests in mind
- Puzzles are presented in large print, oversized format
- Solving puzzles helps you maintain an active and productive mind
- Puzzles are organized chronologically with themes, including TV, special shapes, history, and music through the decades
- Includes a bonus "Part of Tens" chapter with ten different types of puzzles such as word search, fill-in, cryptogram, and others

Have a great time and stimulate your brain at the same time with *Easy Crosswords For Seniors For Dummies*!

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