



Beyond the Suffering: Embracing the Legacy of African American Soul Care and Spiritual Direction

Dr. Robert W. Kellemen, Karole A. Edwards

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The African American Church has always helped hurting and hardened people through the personal and corporate ministries of sustaining, healing, reconciling, and guiding. This four-dimensional model is the traditional and widely recognized pattern for understanding lay spiritual friendship, pastoral care, and professional Christian counseling. *Beyond the Suffering* seeks to uncover the buried treasure of wisdom about soul care and spiritual direction contained in the history of African American Christianity. Written with the blended perspectives of an African American woman and a Caucasian man, *Beyond the Suffering* offers an in-depth exploration of this rich tradition, showing Christians proven ways to help people find hope in the midst of deep pain and sorrow. Pastors, counselors, and lay people, as well as African Americans hungry for the legacy of their ancestors, will appreciate both the history and the practical applications found in this book.

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