



# Multimodal Psychiatric Music Therapy for Adults, Adolescents, and Children: A Clinical Manual

*Michael D. Cassity*

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## **Multimodal Psychiatric Music Therapy for Adults, Adolescents, and Children: A Clinical Manual**

Michael D. Cassity

From carrying out an initial patient assessment, through designing an appropriate treatment plan, to implementing and evaluating treatment, this manual is a step-by-step guide to practical psychiatric music therapy. Michael and Julia Cassity outline a range of the most successful music therapy techniques, according to a survey of leading professionals, for a variety of clinical issues and age ranges. The manual uses helpful case studies to illustrate how assessments are made and treatments are chosen, and the appendices provide useful clinical forms and questionnaires for therapists to use with patients. "Multimodal Psychiatric Music Therapy for Adults, Adolescents, and Children" is an invaluable learning resource for music therapy students and interns, and a handy reference for practitioners.

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