



# To Realize Enlightenment: Practice of the Cultivation Path

*Nan Huai-Chin*

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## **To Realize Enlightenment: Practice of the Cultivation Path** Nan Huai-Chin

This is a series of lectures translated from the Chinese on the cultivation of enlightenment in the Buddhist religion by Master Nan Huai-Chin. Topics include correcting mind, body, and behavior, Samadhi, five Skandhas, etc.

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