



Botanical Medicines: The Desk Reference for Major Herbal Supplements

Dennis J. McKenna, Kenneth Jones, Kerry Hughes

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Answer patients' questions about botanical supplements quickly and easily! This informative book is a compendium of detailed scientific research on 34 of the most popular dietary supplements used in North America and Europe. Its coverage of pharmacological studies on the main medicinal plants used in clinical practice and sold in pharmacies in the Western world is more extensive than any other publication of monographic reviews available. The way *Botanical Medicines: The Desk Reference for Major Herbal Supplements, Second Edition* is organized (standardized topic formats are used in each monograph) makes it easy for you to locate relevant information quickly and to compare corresponding sections between different entries. This book is an invaluable tool for pharmacists, physicians, and other health care professionals who need detailed, scientifically accurate information on appropriate use, safety, dosages, and similar issues related to botanical dietary supplements. Each entry in *Botanical Medicines: The Desk Reference for Major Herbal Supplements, Second Edition* covers botanical data (classification and nomenclature, common names, geographic occurrence, and botanical characteristics), plus:

- history and traditional uses
- chemistry
- therapeutic applications
- pre-clinical studies
- clinical studies
- recommended dosages
- safety profiles (including toxicology)
- side effects and contraindications
- drug interactions and special precautions
- safety recommendations during pregnancy and lactation

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